



☀️ Welcome to Meka Egypt Tours and The Starseed Sisterhood ☀️

A Sacred Space for Transformation in the Heart of Egypt

Welcome! We are **Meka and Hollie** — husband and wife, Egyptologist and healer, and the heart behind this soulful collaboration.

Meka is the founder of *Meka Egypt Tours*, a family-run business rooted in Giza. As an experienced Egyptologist, local guide and spiritual master. He has spent years leading others through the sacred temples, pyramids, and ancient wonders of his homeland. He also runs our peaceful *Meka Guest House* near the pyramids, a nurturing space for rest, reflection, and community.

Hollie is the founder of *The Starseed Sisterhood*, a growing spiritual community that weaves together Reiki, meditation, energy work, and the teachings of the Egyptian Neteru. Together, we share a deep love for Egypt's spiritual legacy and a commitment to creating sacred experiences for others.

Whether you're a **healer** or **teacher** looking to create your own retreat, or an **individual** called to join one of our transformational journeys, our mission is to provide **a soulful, authentic, and energetically aligned experience** in the land of the ancients.

We offer:

- Fully supported retreat itineraries in Egypt's most powerful spiritual sites
- A sacred space where healers can bring their unique gifts to life
- Guided journeys for individuals seeking healing, awakening, and connection

Egypt is more than a destination — it's a mirror, a teacher, and a portal. Our role is to guide, support, and hold space for **whatever you're here to create or discover**.

Thank you for walking this path with us. With love,

Meka & Hollie

Meka Egypt Tours, Meka Guest House & The Starseed Sisterhood





Luxor & Aswan Retreat — *Temples of Initiation*

10 Days — Path of the Visionary

By Coach

A grounded pilgrimage across Upper Egypt, traveling together by private group coach. This path emphasizes embodiment, devotion, and collective energy as you move temple to temple across the land.

	8.00 Morning	12.00 Mid-day	2.00 Early Afternoon	4.00 Afternoon	7.00 Evening	10.00 Late Night
Arrive	Arrive into Cairo - Check-in Day of Rest				Dinner Cruise on the Nile	
Day One	Great Pyramids & Sphinx		Saqqara	Dashur	Perfume, Oils, Herbs, Spices	Chai GR
Day Two	Coptic Cairo - Church St Sergius & Bacchus, Hanging Church, Monastery of St George, Ezra Synagogue, Church of St Barbara			Old Cairo Museum	Dinner in Hotel Early Morning Check-out Travel to Aswan	
Day Three	Check-In	Relaxing Day Nubian Village			Sound and Light Show (GR)	
Day Four	Abu Simbel				Hotel Dinner	Chai GR
Day Five	Philae Temple		Nubian Village	Shopping Dinner in Aswan		Chai GR
Day Six	Check-out	Travel to Luxor	Edfu & Kom Ombo	Check in Luxor		Starlit GR
Day Seven	Karnak Temple		Lunch	Luxor Temple	Horse Carriages by Night	
Day Eight	King Valley		Hatchepshut	Check-Out	Travel to Cairo	
Day Nine	Check-In Cairo	Relaxing Day Saqqara Country Club			Final Dinner and Goodbyes	
Day Ten	Leave for the airport or Extend Trip to Visit More of Egypt.					

10-Day Upper Egypt Journey — *Path of the Visionary* (By Coach)


A temple-to-temple pilgrimage across the land, guided by the Netjeru and the living elements of Egypt.


Day 0 — Arrival & River Cruise (Cairo)

Netjer: Hapi · Nun | **Element:** Air  Water 

 Arrive in Cairo and check in.


 A gentle **day of rest**, allowing body and spirit to arrive fully.

 Evening **Nile Dinner Cruise**, opening the journey through water, music, and shared intention.

 Early night to restore energy.

Day 1 — The Pyramids of Remembrance

Netjeru: Ptah · Anubis · Ra · Sekhmet · Thoth · Osiris | **Element:** Earth 


 Breakfast to energize the day.

 Explore the **Great Pyramids and the Sphinx**, anchoring into ancient memory.

 Visit **Saqqara**, home of the Step Pyramid and ancient Mystery Schools.

 Continue to **Dahshur** — Bent & Red Pyramids, where sacred form first emerged.

 Visit local artisans for **perfumes, oils, herbs, and spices**.


 Evening **chai gathering** for reflection and integration.

Day 2 — Sacred Lineages & Journey South

Netjeru: Auset (Isis) · Horus | **Element:** Air  Water  Earth 

 Explore **Coptic Cairo**, honoring Egypt's living spiritual lineage.





 Visit the **Old Cairo Museum**.

 Dinner at the hotel.

 Late-night **travel to Aswan**, crossing the land toward Upper Egypt.





Day 3 — Arrival in Aswan & Nubian Welcome

Netjer: Hathor · Isis | **Element:** Water  Fire 

-  Check in and settle into Aswan's softer rhythm.
 -  A **restorative day** for integration.
 -  Visit a **Nubian village**, connecting with culture, color, and river life.
 -  Evening **Sound & Light Show**, receiving ancient stories through vibration.
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Day 4 — Abu Simbel: Temples of Power

Netjeru: Amun Ra · Set · Sekhmet | **Element:** Fire 

-  Early journey to **Abu Simbel**.
 -  Stand before the great temples of **Ramses II and Nefertari**, aligned with sovereignty and divine will.
 -  Return to Aswan for **hotel dinner**.
 -  Evening **chai gathering**.
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Day 5 — Isis & the Waters of Rebirth

Netjer: Auset (Isis) Hathor | **Element:** Water 

-  Boat journey to **Philae Temple**, sacred to Isis and resurrection.
 -  Return to the **Nubian village**.
 -  Free time for **shopping and dinner in Aswan**.
 -  Evening **chai circle**.
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Day 6 — Temples Along the Way to Luxor

Netjeru: Ma'at · Sobek · Horus · Set | **Element:** Air 

-  Check out and travel north.
 -  Visit **Kom Ombo**, temple of balance and duality.
 -  Explore **Edfu**, temple of protection and divine order.
 -  Arrive in Luxor and check in.
 -  **Starlit evening gathering**.
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☀️ Day 7 — The Great Temples of Luxor

Netjeru: Amun · Ra · Nut | Element: Fire 🔥

- ☀️ Visit **Karnak Temple**, walking sacred processional ways.
 - 🍴 Lunch together.
 - 🏛️ Explore **Luxor Temple**, designed for embodiment and alignment.
 - 🐎 Evening **horse carriage ride by night**.
-

🌐 Day 8 — The West Bank & Return to Cairo

Netjeru: Anubis · Osiris | Element: Earth 🌍

- 🏜️ Visit the **Valley of the Kings**.
 - 👑 Explore the **Temple of Hatshepsut**.
 - 🚗 Travel back to Cairo and rest.
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🌱 Day 9 — Integration & Farewell

Netjer: Geb | Element: Earth 🌍 Air 🌬️ Fire 🔥 Water 💧

- 🏠 Check in and enjoy a **slow integration day**.
 - 🌱 Optional visit to **Saqqara Country Club**.
 - 🍽️ **Final dinner and closing circle**, honoring the journey.
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Day 10 ✈️ Departure or Extension

Depart for the airport or extend your journey through Egypt.

Private Pyramid or Sphinx Opening Available * LUXOR & ASWAN OPTIONS

Add an unforgettable 2-hour private experience to access either the Great Pyramid or the Sphinx with your group for ritual or meditation.

- Minimum group size: 6 people
- Must be booked at least 30 days in advance to allow for permits and paperwork
- Sites available: Great Pyramid or Sphinx; Luxor & Aswan Temples.
- A sacred group ritual opportunity in one of the world's most powerful energy portals.

Personalisations & Custom Plans

We understand that every journey is unique. If you'd like to personalise or adjust any part of the itinerary, please don't hesitate to **contact us** — we'd be happy to discuss your vision and co-create an experience that suits your needs.

Please note: Customisations may affect the final retreat price.



What's Included

- ✨ Accommodation in hand-picked locations
- ✨ Daily meals: **Breakfast, Lunch & Dinner**
- ✨ All site entrance tickets
- ✨ Private transport throughout
- ✨ Expert Egyptologist guide
- ✨ Group rituals and spiritual healing ceremonies (GR)
- ✨ Airport pick-up and drop-off
- ✨ Samples and Freebies.

What's Not Included

- ✖ International flights to Egypt
- ✖ Visa on arrival (\$25 USD)
- ✖ Personal shopping expenses
- ✖ Tipping for drivers, guides, and healers (tipping is part of Egyptian culture)

What's Optional

- Private Opening; A unique 2 hour experience in the Great pyramids of the Sphinx and any of the Luxor and Aswan Temples would be an additional cost per person.
- Optional Extras; Outfits, Jewellery, Beach Towels, Yoga Mats, Water Bottles would add to price per person.



All Hotels are examples of quality and may change due to availability.

Ayujieda Nubian House – Aswan

As part of the adventure, you'll stay at the **Ayujieda Nubian House** in Aswan — a peaceful location....with private bathrooms, air-conditioning, and river views. Each room includes a balcony or terrace, ensuring a pleasant stay.



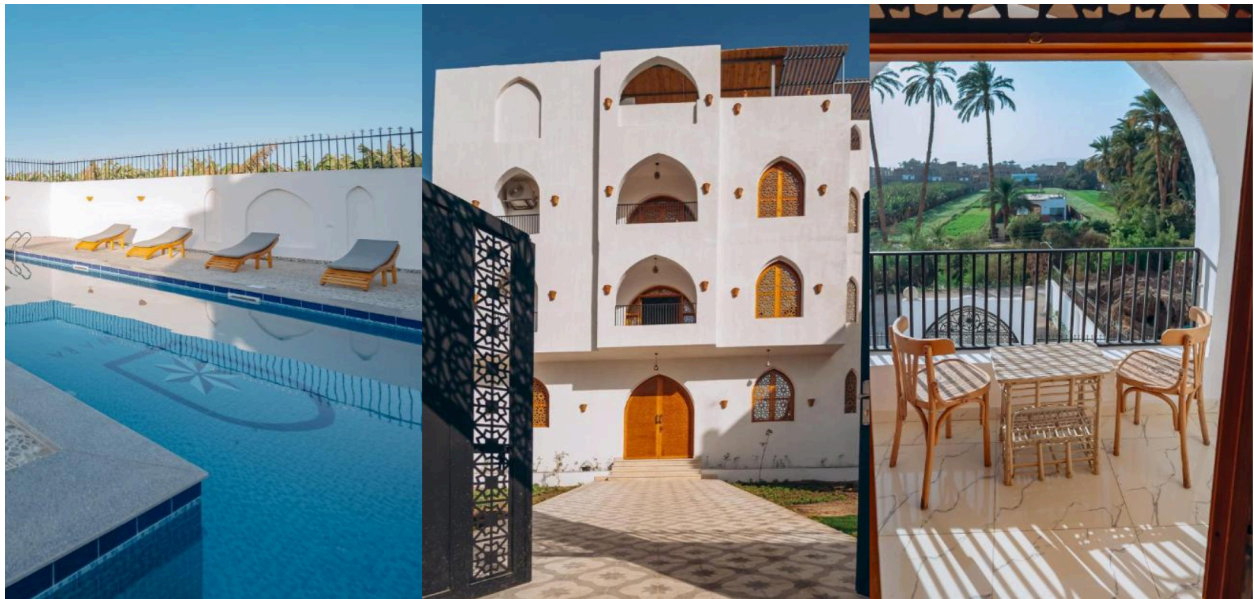
Kush Hotel - Giza

Kush Hotel blends Nubian heritage with modern luxury, offering an unparalleled experience in Giza. Our decor reflects the elegance of ancient Kush, creating a warm and inviting atmosphere. Located near the Pyramids, our hotel is perfect for travelers seeking a unique cultural journey



El Bawaba - Luxor

El Bawaba Lodge & Luxury Retreat in Al Aqālitah offers a year-round outdoor swimming pool, lush garden, terrace, and open-air bath. Guests enjoy free WiFi, a bar, and an outdoor fireplace.





✨ Retreats in Egypt — Sacred Journeys Across the Land

We offer a range of retreat pathways, each available in thoughtfully designed lengths — allowing you to enter Egypt's energy at the depth and rhythm that suits your soul.

☀️ Giza Retreats — *The Pyramids of Remembrance*

3 • 5 • 7 Days

3 Days — A Sacred Taste of Giza

A potent initiation for those short on time yet ready for transformation.

Explore the Great Pyramids and the Sphinx, supported by grounding rituals and soul-healing practices.

5 Days — Cairo & the Desert Gateway

A balance of ancient city and open desert.

Journey through the pyramids and Old Cairo's sacred sites, then enter the El Fayoum Desert for stargazing, land rituals, and elemental healing.

7 Days — Activate Your Magic

A full pilgrimage of remembrance.

This deeper journey weaves pyramids, museums, desert camping, and integration circles — awakening mind, body, and spirit as one.

▲ Sinai Retreats — *The Holy Mountain Journey*

7 • 10 Days

7 Days — From the Pyramids to Sinai

A transformational crossing of Egypt's most powerful landscapes.

Begin in Giza, cleanse in the crystalline waters of Ras Mohammed, and complete the journey with a sunrise pilgrimage on Mount Sinai — activating a new chakra each day.

10 Days — The Covenant's Path

A slower, deeper immersion.

Includes extended desert integration, silence practices, ocean healing, and a ceremonial ascent of Mount Sinai — allowing profound grounding and embodiment.



Luxor & Aswan Retreats — *Temples of Initiation*

7 • 10 Days

The ancient heart of Egypt opens here.

Luxor and Aswan are lands of initiation, rebirth, and divine order, where the Nile carries living wisdom through temples built for transformation.

7 Days — Discover Upper Egypt

A focused journey through Upper Egypt's most powerful temples.

Travel from Aswan to Luxor, visiting Philae, Kom Ombo, Edfu, Karnak, Luxor Temple, and the Valley of the Kings — supported by gentle ritual, reflection, and integration.

10 Days — Path of the Visionary

 *By Coach*

A grounded pilgrimage across Upper Egypt, traveling together by private group coach.

This path emphasizes embodiment, devotion, and collective energy as you move temple to temple across the land.

10 Days — The Nile Ascension Journey

 *By Dahabiya*


A slower, ceremonial passage along the Nile aboard a traditional garabeya.


Sail between temples, integrate through water rituals, silence, and rest, and allow the river itself to guide your ascension.




What's Emerging Next

Our retreat map continues to unfold across Egypt:

 **Siwa Oasis** — feminine healing & desert silence

 **Red Sea** — crystalline waters & deep integration

 **Upper Egypt Extensions** — advanced temple initiations

We walk in rhythm with the land.

And we invite you to journey with us —

through Egypt with reverence, joy, and deep spiritual presence. ✨



1. Pricing

✨ Pricing & Booking Information ✨

The cost of The Luxor Aswan 🏛️ Temples of Initiation: Path of the Visionary depends on several factors — including the size of your group, the chosen dates, and your preferred style of accommodation. Because each retreat is unique, we create personalized pricing to best fit your journey.

We warmly invite you to get in touch with us to discuss the options available. Whether you are traveling alone, with a partner, or as part of a group, we will provide clear guidance and transparent details so you can prepare with ease.

✉️ **Email:** mekaegyptt@gmail.com | info@mekaegypt.com

📱 **WhatsApp:** +20 1010078064

👉 Or simply use the **Contact Us** link below to begin your journey.

Let us know your vision — and together we will create a retreat experience that is aligned with your needs, timing, and energy.



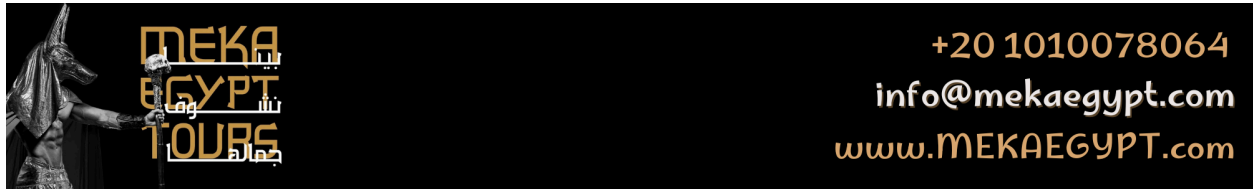
📱 Stay Connected with Meka Egypt Tours!

We'd love to stay in touch and see your adventures!

Follow us, tag us, and don't forget to share your favorite moments from the tour.

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- 📷 **Instagram:** [@mekaegypttours](https://www.instagram.com/mekaegypttours)
- 🎵 **TikTok:** [@mekaegypttours](https://www.tiktok.com/@mekaegypttours)
- 📘 **Facebook:** [Meka Egypt Tours](https://www.facebook.com/Meka-Egypt-Tours)
- 📍 **Explore Giza Facebook Group:** [Explore Giza](https://www.facebook.com/ExploreGiza)

Use the hashtag **#MekaEgyptTours** to be featured on our socials.



☀️ Stay Connected with The Starseed Sisterhood!

We'd love to journey with you beyond the retreat.

Share your light, your insights, and your magical moments with our growing soul community.

🌐 Website: www.thestarseedsisterhood.co

📷 Instagram: [@starseedsisterhood](https://www.instagram.com/starseedsisterhood)

📺 TikTok: [@starseedsisterhood](https://www.tiktok.com/@starseedsisterhood)

📘 Facebook: [The Starseed Sisterhood](https://www.facebook.com/TheStarseedSisterhood)

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☀️ Use the hashtag **#StarseedSisterhood** to be featured and inspire others on the path!

